

ESX_t

ESX Touch Screen Elliptical

AN INTERACTIVE EXERCISE EXPERIENCE

The TRUE® ESX_t™ elliptical delivers a complete exercise experience with a 7" fully interactive touch screen interface. Rotating handles enhance workouts by allowing you to work multiple muscle groups, and are another way to customize this machine to your own exact preferences. Additionally, these rotating handles allow for height adjustment.

KEEP YOUR BODY IN BALANCE WITH THE CORE DRIVE SYSTEM

The ESX_t incorporates TRUE's patented Core Drive™ system to deliver the most comfortable, natural and stable workout in the industry. The innovative side-steps not only allow for safe entry and exit from the machine but also unparalleled versatility by providing the industry's first upper-body only workout. The Core Drive system gives new meaning to total-body workout.

SMALL FOOTPRINT TO MAXIMIZE YOUR WORKOUT SPACE

Unlike other ellipticals, the TRUE ESX_t provides a space efficient approach to home exercise. Now you can do more with your workout space.

EFFECTIVE AND INSPIRING

Implement variety into your workout by using TRUE's mix3™ program. It's our version of the personal trainer to coach you through a total body workout that will shape and tone every major muscle group. An enhanced LCD screen makes your options simple and easy to access. Plus, our HRC (Heart Rate Control)® feature will keep your heart rate in a pre-selected range for optimum workout results.

SAFE AND COMFORTABLE

The TRUE ESX_t is designed with the user in mind. This thoughtfully crafted machine provides a low step-up height as well as extended handrails for safe and simple entry and exit. During exercise, users will notice the exceptional comfort of TRUE's Soft Step® orthopedic footpads which decrease the stress of impact on the joints and can eliminate foot numbness associated with many traditional ellipticals. And since the ESX_t is safely entered from the back, only a rear aisle is needed to access the machine.

MADE WITH YOU IN MIND

The ESX_t elliptical offers AutoStride™, an electronic adjustable stride feature that will assist you in finding the perfect stride based on your body's natural movement at various speeds. Soft Step® orthopedic footpads and biomechanically engineered handle positioning provide the highest standard of comfort during your workout. Your safety is assured with extended handrails and rear step-on. There is no need to look any further to find the elliptical that fits you.

MADE TO GO THE DISTANCE

The TRUE ESX_t is manufactured with commercial-grade materials and the finest components for extreme durability. Coupled with a great warranty and service plan, you know that your ESX_t elliptical will stand up to years of heavy use.



MSRP: \$4,999

Specifications

Drive System

Power Source Plug-In

Drive System Core Drive

Resistance Source Eddy Current Brake

Exercise Surface

Stride Length Electronic Adjustment 17"-26" (43 cm - 66cm)

Auto Stride™ YES

Pedal Spacing 2" (5 cm)

Soft Step Orthopedic Footpads YES - 2 Sets (Soft and Medium)

Frame

Frame Robotically Welded Steel

Handrails Extended Handrails for Easy Entry and Exit

Upper-Body/Arms Ergonomically Designed / Upper-Body Only Capability

Personalized Handle Bar Adjustment 5 Settings

Ergonomic Rotating Handle 360 Degree Rotation

Console

Display Type 7" TFT, 800 x 480 pixels

Key Type Touchscreen

Express Command Keys YES

Data Readouts Elapsed Time, Time Remaining, RPM, Distance, Heart Rate, % Max Heart Rate, Heart Rate Zone, Calories, METs, Level, Watts

Pause Feature 30 Minute Pause

Sleep Mode YES

Warranty

Warranty Frame Lifetime, Parts 10 Years, Labor 1 Year, Console Electronics 2 Years

Heart Rate

Contact Heart Rate Monitoring YES

Wireless Heart Rate Monitoring Polar® Compatible

HRC(Heart Rate Control)® Workouts 1- Target

HRC Cruise Control™ YES

Programming

Programs Manual, Quick Start, One Big Hill, Easy Intervals, Sport Intervals, Variable mix3, Custom mix3, Upper-Body Only, Calorie Goal

Manual Workout Resistance Levels 25

Custom Workouts Custom mix3

Workout Setup Memory Keys YES-5

Other Features

Accessories Reading Rack and 2 Water Bottle Holders

Safety Extended Handrails for Easy Entry and Exit, Side Step-Up Areas and Low Step-Up Height

Physical Specifications

Footprint 65.5"L x 31.5"W x 62.5"H (166 cm x 81 cm x 160 cm)

Active Footprint 77.5"L x 31.5"W x 62.5"H (190 cm x 81 cm x 160 cm)

Machine Weight 326 lbs (148 kg)

Maximum User Weight 350 lbs (159 kg)

Workload Range 25-300 Watts

Fixed Side Steps Fixed Side Straddles Allow User to Step Down on the Pedal

Transport Wheels YES

Transport Handles YES

Breakdown Capability Able to Fit Through Doorways as Small as 24" (61 cm)